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Swimmers Code of Conduct

The purpose of this code of conduct is to establish clear and consistent expectations for athletes' behavior. By signing this code of conduct, I agree to the following:

- I will respect and show courtesy to my teammates and coaches at all times.
- I will demonstrate good sportsmanship at all practices and meets.
- I will set a positive example of behavior and work ethic for my younger teammates.
- I will be respectful of my teammates' feelings and personal space. Any behavior that is sexist, racist, homophobic, or otherwise inappropriate will result in consequences.
- I will attend all team meetings and training sessions unless I have been excused by my coach.
- I will show respect for all facilities and property (including locker rooms) used during practices, competitions, and team activities.
- I will refrain from using foul language, engaging in violence, or displaying behavior that is dishonest, offensive, or illegal.
- If I disagree with an official's call, I will discuss the issue with my coach rather than approaching the official directly.
- I will adhere to all USA Swimming rules and codes of conduct.
- I understand that if I violate this code of conduct, I will be subject to disciplinary action as determined by my coaches.